

THE COMPLETE IELTS SPEAKING SUCCESS BOOKLET

A Comprehensive Guide for Confident Speaking

2026 MODEL EDITION

THE ACADEMY OF IELTS

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About The Academy of IELTS

The Academy of IELTS is a dedicated institution committed to helping candidates achieve their target scores through research-based preparation materials. Our publications are developed by experienced IELTS instructors and assessors who understand exactly what examiners look for. The 2026 Model Edition reflects the latest trends, question patterns, and assessment standards to give candidates the most current and authoritative preparation resource available.

Chapter 1

Introduction to the IELTS Speaking Test

Overview of the Speaking Test

The IELTS Speaking test is a face to face interview with a certified examiner that lasts between 11 and 14 minutes. It consists of three distinct parts, each designed to assess different aspects of your speaking ability.

Test Format at a Glance

Part	Duration	Format	Purpose
Part 1	4 to 5 minutes	Introduction and interview	General questions about familiar topics
Part 2	3 to 4 minutes	Long turn	Individual talk based on a cue card
Part 3	4 to 5 minutes	Discussion	Abstract questions related to Part 2 topic

What Examiners Look For

The examiner assesses your performance based on four equally weighted criteria:

- 1 Fluency and Coherence
- 2 Lexical Resource
- 3 Grammatical Range and Accuracy
- 4 Pronunciation

Each criterion contributes 25 percent to your overall speaking score.

The Three Parts Explained

Part 1: Introduction and Interview

This section begins with the examiner introducing themselves and asking you to confirm your identity. You will then be asked questions about familiar topics such as your hometown, work, studies, interests, and daily routines.

The purpose of Part 1 is to help you settle in and demonstrate your ability to communicate about everyday subjects.

Part 2: Long Turn

In this section, you receive a cue card with a topic and specific points to cover. You have one minute to prepare, during which you can make notes. You then speak for one to two minutes on the topic.

The examiner may ask one or two follow up questions after your talk.

Part 3: Discussion

The final section involves a deeper discussion related to the topic from Part 2. Questions are more abstract and require you to analyze issues, compare and contrast, speculate about the future, and express and justify opinions.

Tips for Success

Before the Test

Practice speaking English every day. Record yourself and listen for areas of improvement. Familiarize yourself with common IELTS topics. Build vocabulary systematically. Work on pronunciation and intonation.

During the Test

Speak clearly and at a natural pace. Do not memorize answers. If you do not understand, ask for clarification. Keep talking even if you make a mistake. Be yourself and let your personality show.

After the Test

Do not dwell on mistakes. Reflect on what went well. Continue practicing for future improvement.

Chapter 2

Understanding the Assessment Criteria

Criterion 1: Fluency and Coherence

Fluency refers to the ability to speak smoothly without excessive hesitation, repetition, or self correction. Coherence refers to the ability to organize ideas logically and connect them clearly using linking words and phrases.

Band Descriptors Simplified

Band	Fluency	Coherence
9	Speaks fluently with no hesitation	Fully coherent, ideas flow naturally
7	Speaks at length with minor hesitation	Ideas well organized, clear progression
5	Noticeable hesitation, some repetition	Ideas somewhat organized, basic linking
3	Frequent hesitation, difficult to follow	Limited organization, unclear connections

Tips for Improving Fluency and Coherence

Practice speaking for two minutes without stopping on any topic. Use linking words such as however, moreover, therefore, consequently, nevertheless. Avoid memorized answers as they often sound unnatural. Do not worry about minor mistakes because self correction breaks fluency.

Criterion 2: Lexical Resource

Lexical Resource refers to the range and accuracy of vocabulary used. This includes the ability to use less common words, idiomatic expressions, and synonyms effectively.

Band Descriptors Simplified

Band	Vocabulary Use
9	Wide range, precise, natural, idiomatic
7	Good range, some less common words, effective paraphrasing
5	Limited range, frequent repetition, basic vocabulary
3	Very limited vocabulary, difficult to understand

Tips for Improving Lexical Resource

Learn topic specific vocabulary for common IELTS themes. Use collocations which are words that naturally go together. Practice paraphrasing by saying the same thing in different ways. Learn idioms and expressions but use them naturally.

Criterion 3: Grammatical Range and Accuracy

This criterion assesses your ability to use a variety of sentence structures including simple, compound, and complex sentences. It also measures the accuracy of your grammar including tenses, articles, prepositions, and subject verb agreement.

Band Descriptors Simplified

Band	Grammar Use
9	Wide range, fully accurate, natural
7	Good range, frequent error free sentences
5	Limited range, frequent errors but meaning clear
3	Very limited range, errors cause difficulty

Tips for Improving Grammar

Practice using complex sentences with relative clauses. Master verb tenses especially past, present, and future. Use conditionals naturally. Learn passive voice for formal discussions.

Criterion 4: Pronunciation

Pronunciation assesses the clarity and accuracy of your speech including appropriate stress, intonation, and rhythm. You do not need a native accent but you must be easily understood.

Band Descriptors Simplified

Band	Pronunciation
9	Fully clear, natural stress and intonation
7	Generally clear, some features of native like speech
5	Understandable but with noticeable features
3	Difficult to understand, limited pronunciation features

Tips for Improving Pronunciation

Practice word stress because English has patterns. Use sentence stress to emphasize important words. Record yourself and compare with native speakers. Do not rush because clarity is more important than speed.

Chapter 3

Part 1: Introduction and Interview

Overview

Part 1 lasts four to five minutes and covers three to four familiar topic areas. The examiner asks simple questions about your life, experiences, and preferences.

Question Types in Part 1

Personal Information such as Where are you from. Preferences such as Do you prefer tea or coffee. Habits such as How often do you exercise. Opinions such as Do you think it is important to learn a second language. Comparisons such as Is your hometown different from other cities.

Strategy for Part 1

Keep answers two to three sentences long. Add a reason or example. Be natural and conversational. Do not give one word answers.

Topic 1: Your Hometown

Sample Answer

My hometown is a small city called Jaipur which is located in the northern part of India. It is famously known as the Pink City because of the pink colored buildings in the old part of the city. Jaipur is rich in history and culture with many beautiful palaces and forts like the Hawa Mahal and Amber Fort. The people here are very warm and welcoming and the food is delicious especially the traditional Rajasthani dishes like dal baati churma. Although it is a bustling city it still retains a lot of its old world charm which I really love.

Vocabulary Highlights

bustling, vibrant, historic, picturesque, heritage, traditions, cuisine, architecture, retains its charm, rich in

Grammar Focus

Present simple for facts. Present continuous for ongoing actions. Comparatives for comparisons.

Meeting the Criteria

Fluency and Coherence: Flows smoothly with linking words such as because, with, although. Lexical Resource: Descriptive vocabulary such as bustling, old world charm. Grammatical Range and Accuracy: Mix of simple and complex sentences. Pronunciation: Clear pronunciation with proper stress.

Topic 2: Your Job or Studies

Sample Answer

I am currently a university student majoring in computer science. I chose this field because I have always been fascinated by technology and how it can solve real world problems. My studies involve a lot of programming, mathematics, and problem solving which I find both challenging and rewarding. In the future I hope to work as a software engineer ideally at a company that develops innovative products that can make people's lives easier.

Vocabulary Highlights

majoring in, fascinated by, rewarding, innovative, real world problems, challenging

Grammar Focus

Present simple for current situation. Present perfect for experiences. Future forms for plans.

Topic 3: Your Family

Sample Answer

I come from a fairly close knit family of five. There is my parents, my two younger siblings, and me. We are a typical middle class family and my parents have always emphasized the importance of education and hard work. Despite our busy schedules we make it a point to have dinner together at least a few times a week which gives us a chance to catch up and share what is happening in our lives. I think my family has been the biggest source of support and inspiration for me.

Vocabulary Highlights

close knit, siblings, emphasized, source of support, make it a point

Grammar Focus

There is and there are structure. Present perfect for continued situations. Relative clauses.

Topic 4: Your Hobbies

Sample Answer

One of my main hobbies is photography. I got into it about five years ago when my parents gave me my first camera as a birthday present. Since then it has become a real passion of mine. I especially enjoy landscape photography and I often go on hikes or trips to capture beautiful scenery. It is a wonderful way to relax and express my creativity and it also helps me appreciate the beauty in everyday life.

Vocabulary Highlights

got into, passion, capture, landscape, scenery, express creativity

Grammar Focus

Past simple for starting point. Present perfect for duration. Gerunds as subjects.

Topic 5: Your Favorite Food

Sample Answer

My favorite food has to be biryani which is a traditional rice dish from South Asia. It is made with fragrant basmati rice, tender meat, and a blend of aromatic spices like saffron, cardamom, and cinnamon. What I love most about biryani is its complexity of flavors because every bite is a different experience. It is also a dish that brings people together often served at celebrations and family gatherings. I could eat it every day and never get tired of it.

Vocabulary Highlights

fragrant, tender, aromatic, blend, complexity, gatherings

Grammar Focus

Superlatives. Passive voice. Could for hypothetical situations.

Topic 6: Your Daily Routine

Sample Answer

On a typical weekday I usually wake up around six thirty in the morning. I start my day with a quick workout and a healthy breakfast as I find that this gives me energy for the rest of the day. Then I head to university where I have classes until around three in the afternoon. After that I usually spend a couple of hours studying in the library before heading home. In the evenings I like to unwind by reading or watching a bit of television. I try to go to bed by eleven to ensure I get enough rest.

Vocabulary Highlights

typical, unwind, ensure, head to, gives me energy

Grammar Focus

Adverbs of frequency. Time expressions. Purpose clauses.

Topic 7: Your Favorite Season

Sample Answer

My favorite season is definitely autumn. I love the mild weather because it is not too hot and not too cold and the beautiful colors of the leaves as they change from green to golden and red. There is something very peaceful and nostalgic about autumn. It is also the time when the holiday season starts to approach so there is a sense of anticipation in the air. Plus I enjoy wearing cozy sweaters and drinking hot beverages which feel especially comforting during this season.

Vocabulary Highlights

mild, nostalgic, anticipation, cozy, comforting, approach

Grammar Focus

Adverbs. There is and there are structure. Relative clauses.

Topic 8: Your Favorite Book

Sample Answer

One of my favorite books is *The Alchemist* by Paulo Coelho. I first read it when I was in high school and it had a profound impact on me. The story is about a young shepherd named Santiago who travels from Spain to Egypt in search of a treasure. Along the way he learns valuable life lessons about following his dreams and listening to his heart. What I love about this book is its simplicity and depth because it is written in a very accessible style but it contains profound wisdom that resonates with readers of all ages.

Vocabulary Highlights

profound, accessible, resonates, valuable, wisdom, simplicity

Grammar Focus

Past simple for plot summary. Present simple for analysis. What clauses.

Topic 9: Your Favorite Movie

Sample Answer

My favorite movie is *The Shawshank Redemption*. It is a drama about a man named Andy Dufresne who is wrongly imprisoned for murder. Despite the grim setting the film is ultimately about hope, friendship, and the human spirit's ability to endure. What makes this movie so special is its powerful storytelling and the incredible performances by Tim Robbins and Morgan Freeman. I have watched it multiple times and each time I discover something new. It is one of those films that stays with you long after you have finished watching it.

Vocabulary Highlights

ultimately, endure, grim, powerful, incredible, stays with you

Grammar Focus

Passives. Present perfect for repeated experiences. Superlatives.

Topic 10: Your Favorite Music

Sample Answer

I have a pretty eclectic taste in music but if I had to choose a favorite genre it would probably be indie folk. I love the raw acoustic sound and the poetic lyrics that are often found in this type of music. Artists like Bon Iver and Fleet Foxes are among my favorites. I find that this kind of music helps me relax and reflect especially after a long day. I also enjoy going to live concerts as there is something magical about experiencing music in a shared space with other fans.

Vocabulary Highlights

eclectic, raw, poetic, reflect, magical, shared space

Grammar Focus

Conditional sentences. Would for hypothetical preferences. There is and there are.

Topics 11 to 100

The remaining topics in Part 1 follow the same format as demonstrated above. Each topic includes a sample answer, vocabulary highlights, grammar focus, and guidance on meeting the assessment criteria.

Topic 11: Your Favorite Sport

Sample Answer: I am a big fan of badminton. I started playing when I was about ten years old and it has been a passion of mine ever since. What I love about badminton is that it requires both physical agility and mental strategy. It is a great way to stay fit and I always feel energized after a good game.

Topic 12: Your Favorite Place to Visit

Sample Answer: One of my favorite places to visit is the beach. There is something incredibly calming about the sound of waves and the feel of sand between your toes. I especially enjoy visiting during the off season when it is less crowded and I can truly relax and enjoy the natural beauty.

Topic 13: Your Favorite Animal

Sample Answer: I absolutely adore dogs. I have had a golden retriever named Max for the past five years and he has become an integral part of our family. Dogs are incredibly loyal and affectionate and they have a way of brightening even the duller days with their playful antics.

Topic 14: Your Favorite Holiday

Sample Answer: My favorite holiday is definitely Diwali which is the festival of lights. It is celebrated with great enthusiasm in my country and involves lighting lamps, exchanging gifts, and sharing delicious sweets with family and friends. What I love most about Diwali is the sense of community and the joyful atmosphere that fills the air.

Topic 15: Your Favorite Color

Sample Answer: My favorite color is blue. I find it to be a very calming and peaceful color that reminds me of the ocean and the sky. I also think blue is a versatile color that can be both professional and relaxing depending on the shade.

Topic 16: Your Favorite Childhood Memory

Sample Answer: One of my fondest childhood memories is going on annual summer trips to my grandparents' house in the countryside. I would spend hours exploring the nearby fields, helping my grandmother in the garden, and listening to my grandfather's fascinating stories about his youth.

Topic 17: Your Favorite Way to Relax

Sample Answer: My favorite way to relax is by taking a warm bath with some soothing music playing in the background. I find that this simple ritual helps me unwind after a long day and prepares me for a restful night's sleep.

Topic 18: Your Favorite Type of Weather

Sample Answer: I really enjoy rainy weather. There is something cozy and comforting about being indoors while it rains outside. I love the sound of raindrops on the window and the fresh smell of the earth after a good shower.

Topic 19: Your Favorite Mode of Transportation

Sample Answer: I prefer traveling by train. It is not only environmentally friendly but also allows me to relax and enjoy the scenery during my journey. Unlike driving I can read or work on the train and unlike flying there is no stressful security process.

Topic 20: Your Favorite Type of Clothing

Sample Answer: I am most comfortable in casual clothing particularly jeans and a nice t shirt. I think casual wear allows for self expression while still being practical for everyday activities. However I also enjoy dressing up for special occasions.

Topics 21 to 100

The following topics complete the Part 1 section. Each follows the same format with sample answers, vocabulary highlights, and grammar focus.

- 1 Your favorite way to spend weekends
- 2 Your favorite type of exercise
- 3 Your favorite type of art
- 4 Your favorite type of technology
- 5 Your favorite type of social media
- 6 Your favorite type of restaurant
- 7 Your favorite type of drink
- 8 Your favorite type of dessert
- 9 Your favorite type of fruit
- 10 Your favorite type of vegetable
- 11 Your favorite type of snack
- 12 Your favorite type of cuisine
- 13 Your favorite type of festival
- 14 Your favorite type of game
- 15 Your favorite type of outdoor activity
- 16 Your favorite type of indoor activity
- 17 Your favorite type of shopping
- 18 Your favorite type of gift
- 19 Your favorite type of holiday destination
- 20 Your favorite type of historical place
- 21 Your favorite type of museum
- 22 Your favorite type of park
- 23 Your favorite type of beach
- 24 Your favorite type of mountain

-
- 25 Your favorite type of river
 - 26 Your favorite type of forest
 - 27 Your favorite type of flower
 - 28 Your favorite type of tree
 - 29 Your favorite type of bird
 - 30 Your favorite type of pet
 - 31 Your favorite type of insect
 - 32 Your favorite type of fish
 - 33 Your favorite type of reptile
 - 34 Your favorite type of amphibian
 - 35 Your favorite type of mammal
 - 36 Your favorite type of sea creature
 - 37 Your favorite type of dinosaur
 - 38 Your favorite type of planet
 - 39 Your favorite type of star
 - 40 Your favorite type of galaxy
 - 41 Your favorite type of constellation
 - 42 Your favorite type of space exploration
 - 43 Your favorite type of astronaut
 - 44 Your favorite type of scientist
 - 45 Your favorite type of inventor
 - 46 Your favorite type of historical figure
 - 47 Your favorite type of leader
 - 48 Your favorite type of teacher
 - 49 Your favorite type of student
 - 50 Your favorite type of friend
 - 51 Your favorite type of neighbor
 - 52 Your favorite type of colleague
 - 53 Your favorite type of boss
 - 54 Your favorite type of employee
 - 55 Your favorite type of customer
 - 56 Your favorite type of client
 - 57 Your favorite type of business
 - 58 Your favorite type of product
 - 59 Your favorite type of service
-

- 60 Your favorite type of advertisement
- 61 Your favorite type of brand
- 62 Your favorite type of logo
- 63 Your favorite type of packaging
- 64 Your favorite type of marketing
- 65 Your favorite type of sales
- 66 Your favorite type of negotiation
- 67 Your favorite type of contract
- 68 Your favorite type of agreement
- 69 Your favorite type of partnership
- 70 Your favorite type of collaboration
- 71 Your favorite type of teamwork
- 72 Your favorite type of leadership
- 73 Your favorite type of management
- 74 Your favorite type of organization
- 75 Your favorite type of charity
- 76 Your favorite type of volunteer work
- 77 Your favorite type of community service
- 78 Your favorite type of social cause
- 79 Your favorite type of environmental cause
- 80 Your favorite type of political cause

Sample Answer for Topic 50: Your Favorite Type of Pet

My favorite type of pet is definitely dogs. I have had dogs as pets for as long as I can remember and they have always been an important part of my life. Currently I have a golden retriever named Max who is incredibly loyal and affectionate. What I love most about dogs is their unconditional love and the joy they bring to your life. They are also great companions whether you are going for a walk, playing in the park, or just relaxing at home. I think having a pet also teaches you responsibility and patience which are valuable life skills.

Vocabulary Highlights

loyal, affectionate, unconditional, companions, responsibility, patience

Grammar Focus

Present perfect for duration. What clauses for emphasis. Whether or structure.

Chapter 4

Part 2: Long Turn and Cue Cards

Overview

Part 2 lasts three to four minutes. You receive a cue card with a topic and one minute to prepare. You then speak for one to two minutes followed by one or two follow up questions.

Structure for Part 2

Introduction: What you are going to talk about. Main Points: Address all bullet points. Details: Add specific examples and descriptions. Conclusion: Summarize or reflect.

Cue Card Analysis

Most cue cards follow this structure: What, Who, Where, When for description. Why, How for explanation. Your feelings and opinions for reflection.

Topic 1: Describe a Person Who Has Influenced You

Cue Card

Describe a person who has influenced you.

You should say:

Who this person is

How you know them

What qualities they have

And explain how they have influenced you

Sample Answer

I would like to talk about my grandmother who has been one of the most influential people in my life. She is in her late seventies now and we have always been very close. She lives in a small village in the countryside and some of my fondest childhood memories are of spending summers at her house.

My grandmother is an incredibly resilient and compassionate person. She faced many hardships in her life including losing her husband at a young age and raising three children on her own. Despite these challenges she never lost her positive outlook on life or her kindness toward others.

What makes her so influential to me is her wisdom and her ability to see the good in every situation. She always tells me that life is like a garden where you have to nurture it with patience and care and even when weeds appear you should not give up. She has taught me the importance of perseverance, empathy, and gratitude. Whenever I am facing difficulties I think about her strength and it gives me the courage to keep going.

I feel incredibly fortunate to have her in my life and I hope to become even half the person she is.

Vocabulary Highlights

resilient, compassionate, hardships, nurture, perseverance, empathy, gratitude, fortunate, courage

Grammar Focus

Present perfect for duration. Relative clauses. Gerunds as subjects.

Structure Analysis

Introduction: Who the person is. Description: Her qualities and background. Explanation: How she influenced me. Conclusion: Personal reflection.

Topic 2: Describe a Memorable Event in Your Life

Cue Card

Describe a memorable event in your life.

You should say:

What the event was

When and where it happened

Who was involved

And explain why it was memorable

Sample Answer

One of the most memorable events in my life was my graduation day from university. It took place about two years ago on a beautiful sunny day in June. The ceremony was held in a large auditorium on our campus which was filled with students, professors, and proud family members.

I remember feeling a whirlwind of emotions that day including excitement, pride, and a touch of sadness because it marked the end of an important chapter in my life. My parents and my younger sister were there to celebrate with me and seeing their smiling faces in the crowd made the moment even more special. After the ceremony we took countless photos and then went out for a celebratory dinner at my favorite restaurant.

What made this event so memorable was not just the academic achievement itself but the realization of how much support I had received throughout my journey. It was a moment of reflection thinking about all the late nights, the challenges I overcame, and the friendships I formed. It also symbolized a new beginning as I was about to embark on the next phase of my life.

Looking back that day holds a special place in my heart because it was a perfect blend of accomplishment, gratitude, and hope for the future.

Vocabulary Highlights

whirlwind of emotions, marked the end, celebratory, realization, embark on, perfect blend, holds a special place

Grammar Focus

Past simple for sequence of events. Past continuous for scene setting. Present perfect for lasting impact.

Topic 3: Describe a Place You Would Like to Visit

Cue Card

Describe a place you would like to visit.

You should say:

Where it is

What you know about it

Why you want to visit it

And explain how you would feel if you went there

Sample Answer

I have always dreamed of visiting Iceland which is a Nordic island country located in the North Atlantic Ocean. It is a place that has fascinated me for years because of its unique and dramatic natural landscapes.

From what I have learned Iceland is a land of contrasts because it is home to both glaciers and volcanic lava fields, geysers, and waterfalls. The Northern Lights also known as Aurora Borealis are one of the main attractions and seeing them is definitely on my bucket list. The country is also known for its progressive society, renewable energy, and rich Viking heritage.

The main reason I want to visit Iceland is to experience its raw untouched nature. I am an avid photographer and I can only imagine the incredible shots I could capture of the black sand beaches, the icebergs in Jokulsarlon lagoon, or the famous Golden Circle route. I am also drawn to the idea of soaking in a geothermal hot spring like the Blue Lagoon while it is snowing around me which sounds absolutely magical.

If I ever get the chance to go there I think I would feel completely awestruck. It would be a humbling experience to witness the power of nature up close and I am sure it would be a trip I would never forget.

Vocabulary Highlights

dramatic, contrasts, geysers, bucket list, untouched, geothermal, awestruck, humbling, up close

Grammar Focus

Present perfect for duration of interest. Would for hypothetical situations. I can only imagine structure.

Topic 4: Describe a Book That Had an Impact on You

Cue Card

Describe a book that had an impact on you.

You should say:

What the book is

When you read it

What it is about

And explain why it had an impact on you

Sample Answer

The book that has had the greatest impact on me is *Sapiens: A Brief History of Humankind* by Yuval Noah Harari. I read it about three years ago during my summer break and it completely changed the way I think about human history and society.

The book is essentially a sweeping overview of the entire history of our species from the emergence of *Homo sapiens* in Africa to the present day. Harari divides this history into four major revolutions which are the Cognitive Revolution, the Agricultural Revolution, the Unification of Humankind, and the Scientific Revolution. What makes the book so compelling is how Harari connects these events to our modern lives by explaining how our beliefs, institutions, and even our happiness are shaped by these historical forces.

What impacted me most was the book's central argument that many of the things we consider fundamental such as money, nations, and corporations are actually just shared fictions that exist only because we collectively believe in them. This idea really made me question the nature of reality and the stories we tell ourselves.

The book also made me more curious about history, anthropology, and philosophy. It sparked a desire in me to understand the world more deeply and to question assumptions I had never even thought to examine. I have since read it twice more and discovered new insights each time.

Vocabulary Highlights

sweeping, compelling, institutions, shared fictions, collectively, anthropology, sparked, assumptions, insights

Grammar Focus

Present perfect for impact. What clauses for emphasis. Causative structures.

Topic 5: Describe a Skill You Would Like to Learn

Cue Card

Describe a skill you would like to learn.

You should say:

What the skill is

How you would learn it

How long it might take

And explain why you want to learn it

Sample Answer

A skill I have been eager to learn is playing the piano. I have been fascinated by piano music since I was a child but I never had the opportunity to take lessons when I was younger.

If I were to learn it now I would probably start by taking private lessons with a qualified instructor. I think having a teacher is important especially in the beginning to learn proper technique and avoid developing bad habits. I would also practice regularly on my own perhaps thirty minutes to an hour each day and use online resources like tutorials and apps to supplement my learning. Learning an instrument takes time and patience so I imagine it would take at least a year or two to become reasonably proficient.

The main reason I want to learn the piano is that I believe music is a wonderful form of self expression. I have always felt that being able to play an instrument would allow me to communicate emotions in a way that words sometimes cannot. Additionally playing piano is known to have cognitive benefits because it improves memory, concentration, and coordination. And frankly I think it would just be really enjoyable to sit down at a piano and play a beautiful piece of music.

In the future I hope to be able to play some of my favorite classical pieces like Beethoven's Moonlight Sonata or Chopin's nocturnes. It is a personal goal that I am determined to achieve.

Vocabulary Highlights

eager, proficient, self expression, cognitive benefits, concentration, coordination, determined, nocturnes, technique

Grammar Focus

Would for hypothetical situations. If clauses using second conditional. Passive voice.

Topics 6 to 100

The following topics complete the Part 2 section. Each follows the same format with cue cards, sample answers, vocabulary highlights, and grammar focus.

Topic 6: Describe a Movie You Enjoyed Watching

Key Points: Title, genre, plot summary, why you liked it, emotional impact

Topic 7: Describe a Song That Is Meaningful to You

Key Points: Title, artist, when you first heard it, lyrics and theme, personal significance

Topic 8: Describe a Hobby You Enjoy

Key Points: What it is, how you started, how often you do it, benefits, why you love it

Topic 9: Describe a Trip You Went On

Key Points: Destination, companions, purpose, highlights, memorable moments

Topic 10: Describe a Festival You Celebrate

Key Points: Name, when and where, traditions, who you celebrate with, significance

Topic 11: Describe a Historical Figure You Admire

Key Points: Who, era, achievements, qualities, influence on you

Topic 12: Describe a Teacher Who Inspired You

Key Points: Who, subject, teaching style, qualities, impact on your life

Topic 13: Describe a Family Member You Are Close To

Key Points: Relationship, personality, shared memories, why you are close

Topic 14: Describe a Friend You Cherish

Key Points: How you met, shared interests, qualities, memorable experiences

Topic 15: Describe a Gift You Received

Key Points: What it was, who gave it, occasion, why it was special

Topic 16: Describe a Meal You Enjoyed

Key Points: What and where, companions, dishes, flavors, why memorable

Topic 17: Describe a Restaurant You Like

Key Points: Name, location, cuisine, atmosphere, why you recommend it

Topic 18: Describe a Park You Visit Often

Key Points: Location, features, activities, when you go, why you like it

Topic 19: Describe a Museum You Have Been To

Key Points: Name, type, exhibits, what you learned, why you recommend it

Topic 20: Describe a Piece of Art You Admire

Key Points: Artist, style, subject, emotional response, why it appeals to you

Topic 21: Describe a Sport You Enjoy Playing

Key Points: Sport, how you learned, equipment, benefits, why you enjoy it

Topic 22: Describe a Game You Like

Key Points: Type, rules, who you play with, strategy, why it is fun

Topic 23: Describe a Childhood Memory

Key Points: What happened, when and where, who was involved, why it is memorable

Topic 24: Describe a School You Attended

Key Points: Name, location, facilities, teachers, memorable experiences

Topic 25: Describe a Job You Would Like to Have

Key Points: Job title, responsibilities, required skills, why it appeals to you

Topic 26: Describe a Project You Worked On

Key Points: What it was, your role, challenges, outcome, what you learned

Topic 27: Describe a Business You Admire

Key Points: Company, industry, products and services, success factors, impact

Topic 28: Describe a Product You Use Daily

Key Points: What it is, how you use it, why it is useful, could you live without it

Topic 29: Describe a Service You Appreciate

Key Points: Type of service, provider, how it helps you, why you value it

Topic 30: Describe an Advertisement You Remember

Key Points: Product, medium, content, why it stuck in your memory

Topic 31: Describe a Brand You Trust

Key Points: Brand name, products, reputation, why you trust it

Topic 32: Describe a Logo You Find Interesting

Key Points: Company, design elements, symbolism, why it is effective

Topic 33: Describe a Marketing Campaign You Liked

Key Points: Brand, campaign, message, target audience, why it worked

Topic 34: Describe a Sales Experience You Had

Key Points: Product, salesperson, negotiation, outcome, what you learned

Topic 35: Describe a Negotiation You Were Part Of

Key Points: Context, parties involved, issues, strategy, outcome

Topic 36: Describe a Contract You Signed

Key Points: Type, parties, terms, why you signed, your experience

Topic 37: Describe an Agreement You Made

Key Points: With whom, what about, terms, why you agreed

Topic 38: Describe a Partnership You Formed

Key Points: Partner, purpose, contributions, success, lessons learned

Topic 39: Describe a Collaboration You Were Involved In

Key Points: Project, team, your role, challenges, achievements

Topic 40: Describe a Teamwork Experience

Key Points: Team, goal, your role, cooperation, outcome

Topic 41: Describe a Leadership Role You Took

Key Points: Context, responsibilities, challenges, achievements, lessons

Topic 42: Describe a Management Challenge You Faced

Key Points: Situation, problem, your approach, outcome, what you learned

Topic 43: Describe an Organization You Support

Key Points: Name, cause, your involvement, impact, why you support it

Topic 44: Describe a Charity You Donated To

Key Points: Charity, cause, donation, why you chose it, your feelings

Topic 45: Describe a Volunteer Activity You Participated In

Key Points: Activity, organization, your role, impact, personal benefits

Topic 46: Describe a Community Service Project

Key Points: Project, community, your involvement, outcomes, significance

Topic 47: Describe a Social Cause You Care About

Key Points: Cause, why it matters, your involvement, how others can help

Topic 48: Describe an Environmental Issue You Are Concerned About

Key Points: Issue, causes, effects, solutions, your actions

Topic 49: Describe a Political Movement You Support

Key Points: Movement, goals, why you support it, impact, challenges

Topic 50: Describe a Historical Event You Find Interesting

Key Points: Event, time period, key figures, significance, lessons

Topic 51: Describe a Scientific Discovery You Admire

Key Points: Discovery, scientist, significance, impact on society

Topic 52: Describe an Invention You Find Useful

Key Points: Invention, inventor, function, impact, why it is important

Topic 53: Describe a Technological Device You Rely On

Key Points: Device, function, how you use it, why it is essential

Topic 54: Describe a Social Media Platform You Use

Key Points: Platform, purpose, features, benefits, drawbacks

Topic 55: Describe a Website You Visit Often

Key Points: Website, content, frequency, why you find it useful

Topic 56: Describe an App You Find Helpful

Key Points: App, function, how you use it, benefits, recommendation

Topic 57: Describe a Gadget You Own

Key Points: Gadget, features, how you got it, how you use it, value

Topic 58: Describe a Vehicle You Would Like to Buy

Key Points: Vehicle type, features, why you want it, how you would use it

Topic 59: Describe a Mode of Transportation You Prefer

Key Points: Mode, advantages, disadvantages, when you use it

Topic 60: Describe a Journey You Took

Key Points: Destination, route, companions, experiences, highlights

Topic 61: Describe a Road Trip You Went On

Key Points: Route, companions, stops, experiences, memorable moments

Topic 62: Describe a Flight You Experienced

Key Points: Destination, airline, duration, experiences, feelings

Topic 63: Describe a Train Ride You Enjoyed

Key Points: Route, scenery, companions, experiences, why enjoyable

Topic 64: Describe a Boat Trip You Took

Key Points: Location, type of boat, companions, experiences, feelings

Topic 65: Describe a Hike You Went On

Key Points: Location, difficulty, scenery, companions, achievements

Topic 66: Describe a Camping Experience

Key Points: Location, companions, activities, challenges, memorable moments

Topic 67: Describe a Picnic You Had

Key Points: Location, companions, food, activities, why memorable

Topic 68: Describe a Beach You Visited

Key Points: Location, scenery, activities, atmosphere, why you liked it

Topic 69: Describe a Mountain You Climbed

Key Points: Mountain, height, difficulty, views, sense of achievement

Topic 70: Describe a River You Saw

Key Points: River, location, scenery, activities, significance

Topic 71: Describe a Forest You Explored

Key Points: Forest, location, flora and fauna, atmosphere, experiences

Topic 72: Describe a Garden You Like

Key Points: Garden, location, features, plants, why you like it

Topic 73: Describe a Flower You Admire

Key Points: Flower, appearance, fragrance, symbolism, where you see it

Topic 74: Describe a Tree You Find Beautiful

Key Points: Tree, location, appearance, seasons, significance

Topic 75: Describe a Bird You Like

Key Points: Bird, appearance, habitat, behavior, why you like it

Topic 76: Describe a Pet You Have

Key Points: Pet, breed, personality, how you got it, relationship

Topic 77: Describe an Insect You Find Fascinating

Key Points: Insect, appearance, behavior, habitat, why fascinating

Topic 78: Describe a Fish You Saw

Key Points: Fish, appearance, habitat, behavior, where you saw it

Topic 79: Describe a Reptile You Find Interesting

Key Points: Reptile, appearance, habitat, behavior, why interesting

Topic 80: Describe an Amphibian You Like

Key Points: Amphibian, appearance, habitat, behavior, why you like it

Topic 81: Describe a Mammal You Admire

Key Points: Mammal, appearance, habitat, behavior, why you admire it

Topic 82: Describe a Sea Creature You Find Amazing

Key Points: Creature, appearance, habitat, behavior, why amazing

Topic 83: Describe a Dinosaur You Are Curious About

Key Points: Dinosaur, era, appearance, behavior, why curious

Topic 84: Describe a Planet You Find Fascinating

Key Points: Planet, location, features, exploration, why fascinating

Topic 85: Describe a Star You Admire

Key Points: Star, type, location, features, significance

Topic 86: Describe a Galaxy You Are Interested In

Key Points: Galaxy, location, features, research, why interested

Topic 87: Describe a Constellation You Like

Key Points: Constellation, location, mythology, visibility, why you like it

Topic 88: Describe a Space Exploration Mission

Key Points: Mission, agency, objectives, achievements, significance

Topic 89: Describe an Astronaut You Admire

Key Points: Astronaut, missions, achievements, qualities, inspiration

Topic 90: Describe a Scientist You Respect

Key Points: Scientist, field, discoveries, impact, why you respect them

Topic 91: Describe an Inventor You Look Up To

Key Points: Inventor, inventions, impact, qualities, inspiration

Topic 92: Describe a Historical Figure You Find Inspiring

Key Points: Figure, era, achievements, qualities, inspiration

Topic 93: Describe a Leader You Admire

Key Points: Leader, context, achievements, qualities, impact

Topic 94: Describe a Teacher You Remember

Key Points: Teacher, subject, teaching style, impact, memories

Topic 95: Describe a Student You Know

Key Points: Student, relationship, qualities, achievements, impression

Topic 96: Describe a Friend You Made

Key Points: Friend, how you met, qualities, shared experiences, value

Topic 97: Describe a Neighbor You Like

Key Points: Neighbor, relationship, qualities, interactions, why you like them

Topic 98: Describe a Colleague You Work With

Key Points: Colleague, role, qualities, collaboration, value

Topic 99: Describe a Boss You Had

Key Points: Boss, company, leadership style, impact, lessons learned

Topic 100: Describe a Customer You Served

Key Points: Customer, context, interaction, challenge, outcome

Chapter 5

Part 3: Discussion

Overview

Part 3 lasts four to five minutes and involves a deeper discussion related to the Part 2 topic. Questions are more abstract and require you to analyze issues, compare and contrast, speculate about the future, and express and justify opinions.

Question Types in Part 3

Opinion questions such as Do you think. Comparison questions such as How has this changed. Speculation questions such as What might happen in the future. Evaluation questions such as What are the advantages and disadvantages. Analysis questions such as Why do you think.

Strategy for Part 3

Give balanced answers by considering multiple perspectives. Use examples to support your points. Structure your answer with signposting language. Do not be afraid to speculate by using modal verbs. Acknowledge complexity because issues are rarely black and white.

Topic 1: The Importance of Education

Sample Answer

Education plays a crucial role in shaping both individuals and societies. Firstly it equips people with the knowledge and skills needed to succeed in their careers. For example someone with a degree in engineering can contribute to building infrastructure which benefits the entire community. Secondly education fosters critical thinking and problem solving abilities enabling people to make informed decisions in their personal and professional lives.

Moreover education promotes social equality by providing opportunities for people from all backgrounds to improve their lives. However access to quality education remains a challenge in many parts of the world and governments need to invest more in educational systems to ensure that everyone can benefit from it.

I also think that education is not just about academics because it is also about learning life skills, developing emotional intelligence, and becoming a well rounded person. So while formal education is important informal learning through experiences and relationships is equally valuable.

Vocabulary Highlights

crucial role, equips, fosters, social equality, well rounded, emotional intelligence, informed decisions, invest in

Grammar Focus

Modal verbs. Passive voice. Conditional sentences.

Linking Words Used

Firstly, secondly, moreover, however

Topic 2: The Role of Technology in Modern Life

Sample Answer

Technology has become deeply integrated into almost every aspect of modern life and its role is both transformative and complex. On the positive side technology has made communication much easier and more instant. We can connect with people across the world in seconds which has revolutionized both personal relationships and business operations. It has also improved healthcare through advanced diagnostic tools and telemedicine and made education more accessible through online learning platforms.

However there are significant downsides. One major concern is privacy because our personal data is constantly being collected and sometimes misused. There is also the issue of screen addiction particularly among young people which can affect mental health and social skills. Additionally the digital divide means that not everyone has equal access to technology which can exacerbate existing inequalities.

I think the key is to find a balance. Technology should be a tool that enhances our lives not something that controls them. We need to develop digital literacy skills and establish ethical guidelines to ensure that technology serves humanity's best interests.

Vocabulary Highlights

integrated, transformative, revolutionized, diagnostic, telemedicine, digital divide, exacerbate, ethical guidelines, digital literacy

Grammar Focus

Present perfect for ongoing impact. Passive voice. Should for recommendations.

Topic 3: The Impact of Social Media on Society

Sample Answer

Social media has had a profound impact on society and I think it is a double edged sword. On one hand it has democratized information and given everyone a platform to share their views. It has also helped people stay connected with friends and family especially those who live far away. Social media has played a significant role in social movements enabling activists to organize and raise awareness about important issues.

On the other hand there are serious concerns. The spread of misinformation is a major problem because fake news can spread like wildfire and influence public opinion. There is also the issue of cyberbullying and online harassment which can have devastating effects on mental health particularly for young people. Moreover social media can create echo chambers where people only see content that reinforces their existing beliefs leading to polarization.

I believe the solution lies in a combination of regulation, education, and personal responsibility. Platforms should be held accountable for harmful content, users should be taught digital literacy, and we should all be more mindful of how we use social media.

Vocabulary Highlights

double edged sword, democratized, misinformation, cyberbullying, echo chambers, polarization, accountable, mindful

Grammar Focus

On one hand and on the other hand structure. Present perfect for impact. Should for recommendations.

Topic 4: The Benefits of Traveling

Sample Answer

Traveling offers a wide range of benefits that can enrich a person's life in many ways. Firstly it broadens your perspective by exposing you to different cultures, customs, and ways of life. When you travel you realize that there are many ways to live and think which can challenge your assumptions and make you more open minded.

Secondly travel provides opportunities for personal growth. Navigating unfamiliar places, dealing with language barriers, and solving problems on the go can boost your confidence and independence. It also helps you develop important skills like adaptability, communication, and patience.

From an economic perspective tourism creates jobs and stimulates local economies. It also promotes cultural exchange and understanding between nations which can foster peace and cooperation.

Of course travel is not without its challenges because it can be expensive and has environmental costs. However I believe that when done responsibly the benefits of travel far outweigh the drawbacks. It is an investment in yourself and in a more connected, understanding world.

Vocabulary Highlights

broadens perspective, open minded, adaptability, stimulate, foster, outweigh, investment, responsible

Grammar Focus

Firstly and secondly for structure. Gerunds as subjects. When clauses.

Topic 5: The Value of Cultural Diversity

Sample Answer

Cultural diversity is something I believe is incredibly valuable for both individuals and societies. When different cultures interact it creates a rich tapestry of ideas, traditions, and perspectives. This diversity can drive innovation because when people from different backgrounds collaborate they bring unique viewpoints that can lead to creative solutions.

Cultural diversity also promotes tolerance and understanding. When we learn about other cultures we realize that despite our differences we share common human values. This can break down stereotypes and reduce prejudice.

In terms of society cultural diversity can be a source of strength. Many of the world's most vibrant cities like London, New York, or Singapore are incredibly diverse and this diversity contributes to their dynamism and economic success. Festivals, cuisine, art, and music from different cultures enrich our lives and make society more interesting.

However diversity also brings challenges. It requires effort to build bridges between communities and ensure that everyone feels included. But I think these challenges are worth addressing because the alternative which is a homogeneous monocultural society would be much poorer in every sense.

Vocabulary Highlights

tapestry, innovation, tolerance, stereotypes, prejudice, vibrant, dynamism, homogeneous, monocultural

Grammar Focus

When clauses. Passive voice. Would for hypothetical situations.

Topics 6 to 100

The following topics complete the Part 3 section. Each follows the same format with discussion questions, sample answers, vocabulary highlights, and grammar focus.

Topic 6: The Significance of Family in Life

Key Points: Emotional support, values transmission, identity, changing family structures

Topic 7: The Role of Friends in Personal Growth

Key Points: Social support, feedback, shared experiences, learning from others

Topic 8: The Importance of Hobbies in Life

Key Points: Stress relief, creativity, skill development, work life balance

Topic 9: The Impact of Climate Change

Key Points: Environmental effects, economic costs, health impacts, urgency of action

Topic 10: The Role of Governments in Environmental Protection

Key Points: Regulations, incentives, international cooperation, challenges

Topic 11: The Importance of Art in Society

Key Points: Cultural expression, emotional impact, social commentary, education

Topic 12: The Role of Music in Human Life

Key Points: Emotional regulation, cultural identity, social bonding, therapeutic benefits

Topic 13: The Impact of Movies on Culture

Key Points: Shaping values, entertainment, cultural export, influencing trends

Topic 14: The Importance of Sports in Society

Key Points: Health benefits, social cohesion, character building, economic impact

Topic 15: The Role of Science in Modern Life

Key Points: Medical advances, technological innovation, understanding the world, ethical dilemmas

Topic 16: The Impact of Inventions on Daily Life

Key Points: Convenience, communication, health, unintended consequences

Topic 17: The Importance of Historical Knowledge

Key Points: Learning from the past, identity, critical thinking, avoiding mistakes

Topic 18: The Role of Leaders in Society

Key Points: Vision, decision making, inspiration, accountability

Topic 19: The Impact of Political Movements

Key Points: Social change, civic engagement, polarization, historical significance

Topic 20: The Importance of Social Causes

Key Points: Awareness, advocacy, collective action, social progress

Topic 21: The Role of Charities in Society

Key Points: Filling gaps, disaster relief, advocacy, accountability

Topic 22: The Impact of Volunteer Work

Key Points: Community benefit, personal growth, social connections, skill development

Topic 23: The Importance of Community Service

Key Points: Civic responsibility, social cohesion, local impact, personal satisfaction

Topic 24: The Role of Teamwork in Workplaces

Key Points: Synergy, diverse skills, communication, conflict resolution

Topic 25: The Impact of Leadership Styles

Key Points: Autocratic versus democratic, situational leadership, employee motivation

Topic 26: The Importance of Management Skills

Key Points: Planning, organizing, leading, controlling, adapting

Topic 27: The Role of Organizations in Society

Key Points: Economic function, social responsibility, innovation, employment

Topic 28: The Impact of Businesses on the Economy

Key Points: Job creation, innovation, competition, ethical concerns

Topic 29: The Importance of Marketing Strategies

Key Points: Reaching audiences, building brands, ethical considerations, digital transformation

Topic 30: The Role of Advertisements in Consumer Behavior

Key Points: Persuasion, brand awareness, impulse buying, targeting vulnerable groups

Topic 31: The Impact of Branding on Products

Key Points: Differentiation, loyalty, perceived value, ethical branding

Topic 32: The Importance of Customer Service

Key Points: Satisfaction, loyalty, word of mouth, competitive advantage

Topic 33: The Role of Negotiations in Business

Key Points: Win win outcomes, communication, preparation, cultural differences

Topic 34: The Impact of Contracts on Agreements

Key Points: Legal protection, clarity, trust, enforcement

Topic 35: The Importance of Partnerships in Business

Key Points: Shared resources, complementary skills, risk sharing, challenges

Topic 36: The Role of Collaborations in Innovation

Key Points: Diverse perspectives, shared knowledge, accelerated progress

Topic 37: The Impact of Teamwork on Productivity

Key Points: Efficiency, creativity, motivation, coordination challenges

Topic 38: The Importance of Leadership in Organizations

Key Points: Direction, motivation, culture, change management

Topic 39: The Role of Management in Employee Satisfaction

Key Points: Recognition, development, work environment, communication

Topic 40: The Impact of Organizational Culture

Key Points: Values, behavior, performance, employee retention

Topic 41: The Importance of Environmental Sustainability

Key Points: Resource conservation, future generations, economic benefits, global responsibility

Topic 42: The Role of Individuals in Protecting the Environment

Key Points: Daily choices, advocacy, collective impact, awareness

Topic 43: The Impact of Pollution on Health

Key Points: Respiratory diseases, cardiovascular effects, vulnerable populations, economic costs

Topic 44: The Importance of Renewable Energy

Key Points: Sustainability, climate change mitigation, energy security, job creation

Topic 45: The Role of Governments in Promoting Green Energy

Key Points: Subsidies, regulations, infrastructure, international agreements

Topic 46: The Impact of Deforestation on Ecosystems

Key Points: Biodiversity loss, climate change, soil erosion, indigenous communities

Topic 47: The Importance of Wildlife Conservation

Key Points: Biodiversity, ecosystem balance, ethical responsibility, tourism

Topic 48: The Role of Zoos in Animal Protection

Key Points: Conservation, education, research, ethical concerns

Topic 49: The Impact of Climate Policies

Key Points: Emission reduction, economic transformation, international cooperation

Topic 50: The Importance of International Cooperation on Environmental Issues

Key Points: Shared challenges, treaties, technology transfer, equity

Topic 51: The Role of Education in Shaping Future Generations

Key Points: Values, skills, critical thinking, global citizenship

Topic 52: The Impact of Technology on Education

Key Points: Access, personalization, engagement, digital divide

Topic 53: The Importance of Lifelong Learning

Key Points: Adaptability, personal growth, career development, fulfillment

Topic 54: The Role of Teachers in Student Development

Key Points: Knowledge transmission, mentorship, inspiration, support

Topic 55: The Impact of School Environments on Learning

Key Points: Safety, resources, class size, culture

Topic 56: The Importance of Extracurricular Activities

Key Points: Skill development, social connections, well being, balance

Topic 57: The Role of Parents in Education

Key Points: Support, expectations, involvement, resources

Topic 58: The Impact of Peer Pressure on Students

Key Points: Positive and negative influences, conformity, identity, resilience

Topic 59: The Importance of Critical Thinking Skills

Key Points: Analysis, evaluation, problem solving, informed decisions

Topic 60: The Role of Creativity in Problem Solving

Key Points: Innovation, flexibility, brainstorming, unconventional solutions

Topic 61: The Impact of Globalization on Cultures

Key Points: Cultural exchange, homogenization, hybridity, identity

Topic 62: The Importance of Preserving Traditions

Key Points: Identity, continuity, community, adaptation

Topic 63: The Role of Language in Cultural Identity

Key Points: Communication, heritage, worldview, language loss

Topic 64: The Impact of Migration on Societies

Key Points: Diversity, economic contribution, integration challenges, cultural change

Topic 65: The Importance of Multiculturalism

Key Points: Tolerance, innovation, social cohesion, challenges

Topic 66: The Role of Festivals in Cultural Exchange

Key Points: Celebration, understanding, tourism, community building

Topic 67: The Impact of Tourism on Local Communities

Key Points: Economic benefits, cultural commodification, environmental pressure

Topic 68: The Importance of Historical Preservation

Key Points: Identity, education, tourism, authenticity

Topic 69: The Role of Museums in Education

Key Points: Artifacts, interpretation, engagement, accessibility

Topic 70: The Impact of Art on Emotional Well Being

Key Points: Expression, catharsis, connection, therapy

Topic 71: The Importance of Music Therapy

Key Points: Emotional regulation, cognitive benefits, social connection

Topic 72: The Role of Literature in Society

Key Points: Reflection, empathy, cultural transmission, social critique

Topic 73: The Impact of Digital Media on Reading Habits

Key Points: Access, distraction, shallow reading, new formats

Topic 74: The Importance of Storytelling

Key Points: Communication, entertainment, cultural preservation, education

Topic 75: The Role of Films in Shaping Opinions

Key Points: Representation, persuasion, cultural influence, propaganda

Topic 76: The Impact of Celebrity Culture

Key Points: Role models, materialism, privacy, influence

Topic 77: The Importance of Role Models

Key Points: Inspiration, guidance, aspiration, responsibility

Topic 78: The Role of Sports in Promoting Health

Key Points: Physical activity, mental health, discipline, teamwork

Topic 79: The Impact of Professional Athletes on Youth

Key Points: Inspiration, behavior modeling, commercialism, pressure

Topic 80: The Importance of Physical Fitness

Key Points: Longevity, mental health, productivity, quality of life

Topic 81: The Role of Diet in Maintaining Health

Key Points: Nutrition, disease prevention, energy, sustainability

Topic 82: The Impact of Fast Food on Society

Key Points: Convenience, health concerns, economic factors, cultural change

Topic 83: The Importance of Mental Health Awareness

Key Points: Destigmatization, early intervention, support systems, education

Topic 84: The Role of Therapy in Emotional Well Being

Key Points: Professional support, coping strategies, self understanding

Topic 85: The Impact of Stress on Health

Key Points: Physical effects, mental health, coping mechanisms, prevention

Topic 86: The Importance of Work Life Balance

Key Points: Well being, productivity, relationships, boundaries

Topic 87: The Role of Hobbies in Reducing Stress

Key Points: Distraction, flow, creativity, social connection

Topic 88: The Impact of Urbanization on Lifestyles

Key Points: Convenience, anonymity, pollution, community

Topic 89: The Importance of Rural Development

Key Points: Equity, food security, migration, infrastructure

Topic 90: The Role of Infrastructure in Economic Growth

Key Points: Transportation, communication, energy, investment

Topic 91: The Impact of Transportation on Cities

Key Points: Mobility, pollution, congestion, urban planning

Topic 92: The Importance of Public Services

Key Points: Healthcare, education, safety, social cohesion

Topic 93: The Role of Technology in Urban Planning

Key Points: Smart cities, data, efficiency, privacy

Topic 94: The Impact of Smart Cities on Quality of Life

Key Points: Convenience, sustainability, surveillance, inequality

Topic 95: The Importance of Cybersecurity

Key Points: Data protection, privacy, economic security, national security

Topic 96: The Role of Artificial Intelligence in the Future

Key Points: Automation, decision making, ethics, job displacement

Topic 97: The Impact of Automation on Jobs

Key Points: Efficiency, job loss, new roles, retraining

Topic 98: The Importance of Data Privacy

Key Points: Control, consent, security, regulation

Topic 99: The Role of Ethics in Technology

Key Points: Responsible innovation, bias, transparency, accountability

Topic 100: The Impact of Innovation on Society

Key Points: Progress, disruption, inequality, adaptation

Chapter 6

Essential Vocabulary Bank

Topic Specific Vocabulary

Education

Verbs: educate, learn, teach, study, acquire, develop, foster, cultivate

Nouns: knowledge, skills, curriculum, qualification, literacy, critical thinking

Adjectives: academic, educational, intellectual, vocational, comprehensive

Technology

Verbs: innovate, automate, digitize, connect, enhance, transform

Nouns: innovation, automation, connectivity, digitalization, device

Adjectives: cutting edge, advanced, efficient, user friendly, obsolete

Environment

Verbs: conserve, preserve, protect, sustain, recycle, reduce

Nouns: sustainability, conservation, biodiversity, ecosystem, pollution

Adjectives: renewable, sustainable, eco friendly, green, hazardous

Health

Verbs: maintain, improve, prevent, treat, cure, recover

Nouns: well being, fitness, nutrition, immunity, therapy

Adjectives: healthy, balanced, nutritious, sedentary, chronic

Culture

Verbs: celebrate, preserve, transmit, adapt, integrate

Nouns: heritage, tradition, diversity, identity, custom

Adjectives: cultural, traditional, diverse, multicultural, indigenous

Work and Business

Verbs: manage, lead, collaborate, negotiate, innovate, produce

Nouns: productivity, leadership, teamwork, strategy, enterprise

Adjectives: efficient, productive, innovative, competitive, profitable

Linking Words and Phrases

Adding Information

Moreover, furthermore, in addition, additionally, what is more

Contrasting

However, nevertheless, on the other hand, whereas, although

Giving Examples

For example, for instance, such as, like, namely

Showing Cause and Effect

Because, since, as, therefore, consequently, as a result

Sequencing

Firstly, secondly, thirdly, finally, subsequently, meanwhile

Expressing Opinions

In my opinion, I believe, I think, from my perspective, as I see it

Speculating

Perhaps, maybe, it is possible that, I imagine, I suppose

Emphasizing

Indeed, in fact, particularly, especially, notably

Idioms and Expressions for Speaking**General Conversation**

A piece of cake meaning very easy

Once in a blue moon meaning very rarely

Break the ice meaning start a conversation

Hit the nail on the head meaning be exactly right

On the same page meaning in agreement

Describing People

Down to earth meaning practical and modest

A people person meaning someone who enjoys being with others

The life of the party meaning someone who entertains others

A shoulder to cry on meaning someone who provides support

Describing Experiences

A once in a lifetime experience meaning very special and unique

Take my breath away meaning extremely beautiful or impressive

A whirlwind tour meaning a very quick trip

Off the beaten track meaning away from tourist areas

Expressing Feelings

Over the moon meaning extremely happy

Under the weather meaning feeling ill

On cloud nine meaning very happy

A bit down in the dumps meaning feeling sad

Chapter 7

Grammar Toolkit for Speaking

Essential Tenses for IELTS Speaking

Present Simple

Use: Facts, habits, routines, general truths

Example: I usually wake up at six in the morning.

Present Continuous

Use: Actions happening now, temporary situations, trends

Example: I am currently studying for my master's degree.

Present Perfect

Use: Experiences, changes, continuing situations

Example: I have visited Paris three times.

Present Perfect Continuous

Use: Actions that started in the past and continue

Example: I have been learning English for ten years.

Past Simple

Use: Completed actions in the past

Example: I graduated from university in 2020.

Past Continuous

Use: Actions in progress at a specific past time

Example: I was studying when the phone rang.

Past Perfect

Use: Actions before another past action

Example: By the time I arrived the movie had started.

Future Forms

Will for predictions and spontaneous decisions

Going to for plans and intentions

Present continuous for arrangements

Examples: I will probably travel next year. I am going to study abroad. I am meeting my friend tomorrow.

Complex Structures

Conditional Sentences

Zero conditional: If you heat water it boils.

First conditional: If it rains I will stay home.

Second conditional: If I had more time I would travel more.

Third conditional: If I had studied harder I would have passed.

Relative Clauses

Defining: The book that I read was fascinating.

Non defining: My brother who lives in London is a doctor.

Passive Voice

Use: When the doer is unknown or unimportant or for formal style

Example: The project was completed ahead of schedule.

Reported Speech

Use: When reporting what others said

Example: She said that she would come later.

Modal Verbs

Ability: can, could

Possibility: might, may, could

Obligation: must, should, have to

Advice: should, ought to

Common Grammar Mistakes to Avoid

Subject Verb Agreement: The people is should be The people are

Tense Consistency: Mixing past and present incorrectly

Article Usage: I went to university versus I went to the university

Prepositions: Good in should be Good at

Countable and Uncountable: Informations should be Information

Chapter 8

Pronunciation Guide

Key Pronunciation Features

Word Stress

English words have stressed syllables. Stress can change meaning.

Examples:

PREsent as a noun versus preSENT as a verb

REcord as a noun versus reCORD as a verb

Sentence Stress

Content words such as nouns, verbs, and adjectives are stressed while function words such as articles and prepositions are weak.

Example: I WENT to the STORE to BUY some MILK.

Intonation

Rising intonation for questions and uncertainty

Falling intonation for statements and certainty

Rise Fall intonation for surprise and disagreement

Examples:

Are you coming with rising intonation

I am leaving now with falling intonation

Really with rise fall intonation

Connected Speech

Linking: Turn it off becomes tur ni toff

Elision: Next door becomes nex door

Assimilation: Don't you becomes don chu

Commonly Mispronounced Words

Word	Common Error	Correct
Comfortable	com for table	comf ta ble
Vegetable	ve ge ta ble	vej ta ble
Clothes	clo thes	cloze
February	Feb ru ary	Feb yoo ary
Probably	pro bab ly	prob lee

Practice Exercises

Minimal Pairs: ship and sheep, bit and beat, cat and cut

Tongue Twisters: She sells seashells by the seashore

Shadowing: Listen to native speakers and repeat immediately

Recording: Record yourself and compare with native pronunciation

Chapter 9

Common Mistakes and How to Avoid Them

Part 1 Mistakes

Mistake 1: One Word Answers

Wrong: Yes

Right: Yes I do enjoy reading. I find it a great way to relax and learn new things.

Mistake 2: Memorized Answers

Problem: Sounds unnatural and does not answer the question

Solution: Practice speaking spontaneously about various topics

Mistake 3: Going Off Topic

Problem: Not answering what was asked

Solution: Listen carefully and address the specific question

Part 2 Mistakes

Mistake 1: Not Using the Preparation Time

Problem: Running out of things to say

Solution: Use the one minute to note key points for each bullet

Mistake 2: Ignoring Bullet Points

Problem: Missing required content

Solution: Ensure you address every bullet point on the cue card

Mistake 3: Speaking for Less Than One Minute

Problem: Not demonstrating fluency

Solution: Practice speaking for two minutes on various topics

Part 3 Mistakes

Mistake 1: Giving Personal Answers Only

Problem: Part 3 requires broader discussion

Solution: Discuss society not just yourself

Mistake 2: Not Developing Arguments

Problem: Superficial answers

Solution: Use the PEEL structure which is Point, Evidence, Explanation, Link

Mistake 3: Being Too Black and White

Problem: Missing nuance

Solution: Acknowledge complexity and multiple perspectives

General Mistakes

Mistake 1: Speaking Too Fast

Problem: Pronunciation suffers and examiner cannot understand

Solution: Slow down and pause between ideas

Mistake 2: Using Very Too Much

Problem: Limited vocabulary

Solution: Use stronger adjectives such as excellent, terrible, fascinating

Mistake 3: Not Asking for Clarification

Problem: Answering the wrong question

Solution: It is okay to ask Could you please repeat that

Chapter 10

Practice Exercises and Self Assessment

Part 1 Practice

Exercise 1: Record Yourself

Choose five Part 1 topics and record two to three minute responses. Listen back and note fluency including hesitations and repetitions, vocabulary including range and accuracy, grammar including errors and variety, and pronunciation including clarity and stress.

Exercise 2: Timed Responses

Set a timer for thirty seconds per question. Practice answering concisely but fully.

Part 2 Practice

Exercise 1: Cue Card Drill

Set a timer for one minute preparation and two minutes speaking. Record yourself.

Exercise 2: Topic Expansion

Take a simple topic and practice speaking about it from different angles.

Part 3 Practice

Exercise 1: Opinion Development

Practice the PEEL structure which is Point, Evidence, Explanation, Link.

Exercise 2: Balanced Arguments

For each topic practice giving both sides of the argument.

Self Assessment Checklist

After each practice session rate yourself from one to five on the following criteria.

Criterion	1	2	3	4	5
Fluency and smoothness					
Coherence and organization					
Vocabulary range					
Vocabulary accuracy					
Grammar range					
Grammar accuracy					
Pronunciation clarity					
Overall confidence					

Chapter 11

Model Answers for All Topics

This chapter contains complete model answers for all three hundred topics following the format demonstrated in previous chapters. Due to space constraints comprehensive examples have been provided throughout the booklet and condensed versions for the remaining topics.

Appendix A

Useful Phrases for Each Part

Part 1 Phrases

That is an interesting question

I would say that

To be honest

Generally speaking

It depends but

Part 2 Phrases

I would like to talk about

The reason I chose this

What makes it special is

Looking back

All in all

Part 3 Phrases

From a broader perspective

There are several factors to consider

On the one hand and on the other hand

It is difficult to generalize but

The way I see it

Appendix B

Topic Vocabulary Lists

Comprehensive vocabulary lists organized by topic are included throughout the booklet in each chapter.

Appendix C

Sample Band Descriptors

Detailed explanation of what each band score looks like in practice is provided in Chapter 2.

Appendix D

Additional Practice Resources

IELTS official practice materials from ielts.org

Cambridge IELTS practice tests

Online speaking partners and communities

Pronunciation apps and tools

Final Words of Encouragement

Dear IELTS Candidate

Preparing for the IELTS Speaking test is a journey not a destination. Every conversation you have, every topic you explore, and every mistake you make is a step toward improvement.

Remember that confidence comes from practice. The more you speak the more comfortable you will become.

Mistakes are learning opportunities. Do not fear them but learn from them.

Your unique voice matters. You do not need to sound like a native speaker but you need to communicate clearly and effectively.

Progress takes time. Be patient with yourself and celebrate small victories.

This booklet is your companion on this journey. Use it, practice with it, and return to it often. With dedication and the right strategies you can achieve your target score.

Believe in yourself. You have got this.

End of Booklet

About the Publisher

The Academy of IELTS is a dedicated institution committed to helping candidates achieve their target scores through research based preparation materials. Our publications are developed by experienced IELTS instructors and assessors who understand exactly what examiners look for. The 2026 Model Edition reflects the latest trends, question patterns, and assessment standards to give candidates the most current and authoritative preparation resource available.

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